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Welcome to SIMPLICITY and SUCCESS™:  
A Newsletter About Creating What Matters Most in Life & Work

EMBRACING COMPLEXITY; CREATING WHAT MATTERS

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As I realized that my oscillating actions were influenced by an underlying life structure made up of how I had arranged

Real change, Jung saw, resulted from a shift to a new level of consciousness. When patients embraced a more powerful interest, he explained, "the insoluble problem lost its urgency. It was not solved logically in its own terms but faded when confronted with a new and stronger life urge."

• I have space for 4 local clients (face to face) and 4 distance clients (via telephone and e-mail). If you are ready to show up, work hard, demonstrate a heartfelt commitment to learning, and a willingness to produce outstanding results, please call or e-mail me to arrange a no charge, no obligation 1/2 hour consultation.

#### CO-CREATING FOR COUPLE'S RETREATS

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\* I offer short Co-creating for Couples retreats on Saltspring Island, BC. A couple, or a small group of couples, come to the island and stay in a B & B for a few days. As well as enjoying a mini-vacation together, they take part in coaching sessions (alone and together), do exercises in the creative process, and have ample time to walk, talk and reflect on their desired future together and how to create it.

\* Simplicity and Success: CreatinPele2 Tmifeand SWork You Most Want